

New year, new look, new life

With a job on the horizon, cancer on the back burner and a positive outlook, Lisa Airst is ready to take on the world

TURNING POINT

TERESA KRUIZE
LIFE@METRONEWS.CA



It's a new year and new beginning for Metro's Makeover Contest winner Lisa Airst.

The cancer survivor is about to start a new job as an educator with an organization that manages homes for people with mental health issues, and Lisa says the contest played a huge role in securing her new job.

"I believe I was determined before but sometimes I gave up. Sandy at



Lisa Airst before and after a makeover courtesy of Donato Salon and Spa.

NEXCareer didn't give up on me. I learned to be even more determined and persistent."



Lisa's new wardrobe from Danier, the notebook from TechDirect, the Blackberry with phone

"I'm in remission and flying high. I feel positive about the future because I persisted right to the end and I didn't give up."

LISA AIRST, METRO'S TURNING POINT MAKEOVER CONTEST WINNER

service from WIND Mobile and mentoring from Robin Sharma International and eBranders all helped put her on the path to success.

She recently went to Donato Salon and Spa, and as you can see from her photo she has a beautiful new look to go along with her new job and outlook on life.

"I had a follow-up with my surgeon. I'm in remis-

sion and flying high. I feel positive about the future because I persisted right to the end and I didn't give up."

From all of us at Metro News, Congratulations Lisa!

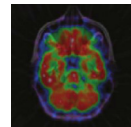


Borderline Personality Disorder and Depression Brain Imaging Study

The Neurochemical Imaging Program in Mood Disorders at the Positron Emission Tomography (PET) Centre is studying the brain changes associated with borderline personality disorder and major depression.

Eligibility:

- Age 18 or older
- Diagnosis of Major Depressive Disorder
- Diagnosis of Borderline Personality Disorder
- Not currently taking any street drugs
- Non-Smoker



Compensation is Provided
For more information please call: 416.535.8501 Ext. 4248



Success is making a good living doing something you love. And it all begins here.



1-866-401-3757
trilliumcollege.ca

Offering diplomas in:

Health Programs, Social Programs, Business Programs, Technology Programs

TORONTO CAMPUS 9 Campuses Across Ontario



Skills for Change

ADVANCE YOUR CAREER THROUGH OUR PROFESSIONAL DEVELOPMENT COURSES

OPEN HOUSE

Saturday, January 14, 11 am to 1pm

Come and discover all that we have to offer at our FREE 2-hour Open House. Meet with some of the instructors who will be available to address questions relating to their course. Our staff will also be on hand to help you with registration. All registrations at the Open House qualify for a 10% off our regular course price.



Microsoft Office 2010 Word & Excel Essentials 20 hrs - \$200 Word, Excel, Access, PowerPoint, Publisher and Outlook 75 hrs - \$550 Microsoft Project 24 hrs - \$350	Income Tax Preparation Course 24 hrs - \$300	PMP Preparation Course 35 hrs - \$950
Computerized Accounting ACCPAC 5.5 70 hrs - \$360 Simply Accounting 24 hrs - \$270 QuickBooks 24 hrs - \$300	IT Security CISSP Certification 40 hrs - \$700	
Prepare for a New Accounting Career in 9 weeks Accounting For QuickBooks 45 hrs - \$450	Quality Assurance and Control Training 50 hrs - \$600	Principles of Project Management This course concentrates on the principles and best practices of project management for the delivery of successful projects and programs. 42 hours - \$850
Business Writing 35 hrs - \$250	Canadian Securities Course® 72 hrs - \$500	French Classes 70 hrs - \$400
Cisco Certified Network Associate (CCNA®) 40 hours - \$700	Software Testing and Quality Assurance 35 hrs - \$950	Payroll Accounting Course 42 hours - \$550
Marketing Me Workshop Series 13 hrs - \$100	International Financial Reporting Standards (IFRS) 45 hrs - \$500	

We've helped thousands meet their employment goals!

791 St. Clair Ave. W., Toronto
skillsforchange.org/techskills

416-658-3101 ext. 216 or 0